



A NAAC Accredited Institution  
**KINGS**  
COLLEGE OF ENGINEERING  
Recognized under 2(f) & 12(B) of UGC  
Approved by AICTE, New Delhi  
Affiliated to Anna University, Chennai



## CITIZEN CLUB

Academic Year – 2021-22-EVEN Semester

INTERNATIONAL YOGA DAY

YOGA FOR HUMANITY –REPORT

Date:16.06.2022

In view of International Yoga Day, Citizen Club of Kings College of Engineering organized a programme titled **“YOGA FOR HUMANITY”** for the second year students on 16.06.2022 at Chozha Hall. Two hundred students and staff members participated in the event. The programme started with the welcome address by Dr.R.Suresh ,Convener, Citizen club. Then Dr.V.Sureshkumar, HoD/S&H felicitated the programme. And the resource person was honoured by Dr.S.M.Uma / HoD-CSE. Selvan. R.Sulthan Abdul Kadher, II-Mech, introduced the resource person to the participants.

Chief Guest, Ms.U.S.Sangeetha, Yoga Practitioner, Thanjavur, addressed the participants with various yoga practices. She emphasized the importance of Yoga and its impact on society. She mentioned that yoga was an invaluable gift of India’s ancient tradition. She added that it embodies unity of mind and body; it is not about exercise but to discover the sense of oneness with everything. She also answered all the questions which were raised by the participants. The programme ended with the vote of thanks by Selvan. T.Deepakraj – II-ECE.

EVENT PHOTOS



Felicitated by Dr.V.Sureshkumar, HoD/S&H & Dr.S.M.Uma HoD/CSE



Student's gathering at Chozha hall for the seminar



During Yoga practices by Participants




Pudukkottai, Tamil Nadu, India  
J2XX+6XJ, National Highway 226, Tamil Nadu 613301, India  
Lat 10.647394°  
Long 79.049418°  
16/06/22 12:10 PM



Pudukkottai, Tamil Nadu, India  
J2XX+6XJ, National Highway 226, Tamil Nadu 613301, India  
Lat 10.647392°  
Long 79.049511°  
16/06/22 11:49 AM

Yoga practices done by Participants with the Guidance of Yoga Practitioner and Volunteers

  
**Citizen Club convener**  
**(Dr. R. Suresh)**

*J. Mani*  
*30/6/2022*  
**PRINCIPAL**